

ICF Approved Coach Certification ACTP PROGRAM



Feb 3rd&4th 2017

EMMPOWER AND COACHARYA

Professional Coach Certification (PCC)

Total commitment: 125 hours over a minimum of 6 months

Face-to-face at location: 8 days, 45 hours of virtual classes

Mentored Coaching: 10 hours over 3 months by MCC Coach*

Self study, Assignments, In group peer coaching, Personal Growth Log

Target audience: Experienced (15+ year) professionals & executives looking to gain advanced leadership, communication and awareness competencies

Course fee: Rs. 250,000 + tax + US \$1,250*

Venue : IRIS Hotel Brigade Road, Bangalore. Karnataka.



www.emmpower.com

Associated Coach Certification (ACC)

Total commitment: 65hours over a minimum of 3 months

Face-to-face at location: 4 days, 25 hours of virtual classes

Mentored Coaching by PCC Coaches

Self study, Assignments, Ingroup peer coaching, Personal Growth Log

Target audience: Experienced (10+ year)

Professionals & executives looking to gain advanced leadership, communication and awareness competencies

Course fee: Rs. 1,25,000 + tax

Venue : IRIS Hotel Brigade Road, Bangalore. Karnataka.

Emmpower is a boutique firm, operating in areas of Leadership/Executive Coaching, Consulting, Coach Training/Mentoring and Counselling / Healing. We help clients (individual, team and organization) to reach the 'Emmpower' level by tapping into the 'unlimited' potential within them, at a holistic level ROI of Enchantment.

#Emmpower : Emmpower relationship with the participant goes beyond its programs. It's a lifelong support system within our community. We are honoured to be part of this coaching journey with you.

COACHARYASM is a leadership development institution engaged in coaching, training and facilitation. To support its global executive coaching practice by developing executive coaches, Coacharya conducts credential training ACTP programs accredited by international Coaching Federation (ICF). In addition, Coacharya programs are the only programs in India accredited to the BCC Credential of The Centre of Credentialing & Education (CCE), USA.

Benefits of Coaching

The ICF Global Coaching Client Study shows that people who were coached reported

- Improved work performance,
- Better business management,
- More efficient time management,
- Increased team effectiveness, and
- More growth and opportunities.

The same study found that coaching clients noted greater self confidence, enhanced relationships, more effective Communications skills, better work and life balance, and an improvement in wellness.

According to the same report,

- The vast majority of companies (86 %) said that they at least made their investment back.
- 19 % saw a ROI of 50 times their investment,
- 28 % saw a ROI of 10 to 49 times the investment.

According to the ICF Global Coaching Client Study, 99 % of people who were polled said they were somewhat or very satisfied with the overall coaching experience.

ICF Credential Requirements

- Coacharya ACTP certificate
- Coaching experience hours log and verification
- Online ICF CKA Test
- Payment ICF fees (not included in Coacharya's course fees)

For current details of credential requirements and fees, please visit: www.coachfederation.org

Professionals in Attendance

- Human Resources (HR) and Line managers
- Practicing and aspiring coaches
- Self employed professionals including trainers, counsellors, and consultants
- Entrepreneurs seeking to complement their leadership journey and all aspiring Leaders

Course Structure

The Coacharya Advanced™ ACTP Program Employs

- 3A Model™
- 3C Process™
- GROW model
- 70: 20:10 leadership development paradigm
- The Mindless™ approach

The above structure blends psychology, Spirituality and management concepts.

Schedule:

Program for ACC: (Associate Coach Certification)

- **Session One** : 3rd & 4th February, 2017, Bangalore (Fri. & Sat., 8.30 to 6.30 pm)
- **Session Two** : 3rd & 4th March ,2017 Bangalore (Fri. & Sat, .8.30 to 6.30 pm)
- **Session Three** : 7th & 8th April, 2017 Bangalore (Fri. & Sat, 8.30 to 6.30 pm)

Program for PCC: (Professional Coach Certification)

- **Session One** : 3rd & 4th February, 2017, Bangalore (Fri. & Sat., 8.30 to 6.30 pm)
- **Session Two** : 3rd & 4th March, 2017 Bangalore (Fri.& Sat, .8.30 to 6.30 pm)
- **Session Three** : 7th & 8th April, 2017 Bangalore (Fri. & Sat, 8.30 to 6.30 pm)
- **Session Four** : 5th & 6th May, 2017 Bangalore (Fri. & Sat, 8.30 to 6.30 pm)
- **Session Five** : 2nd & 3rd June, 2017 Bangalore (Fri. & Sat, 8.30 to 6.30 pm)
- **Session Six** : 7th & 8th July , 2017 Bangalore (Fri. & Sat, 8.30 to 6.30 pm)

Contact:

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Module 1
Foundation

Module 2
GROW Model

Module 3
Coaching Competencies

Module 4
Awareness

Module 5
Life Application in
Coaching

Module 6
Review for ACC

Module 7
Inner Game of
Coaching

Module 8
Leadership

Module 9
NLP in Coaching

Module 10
Other Techniques
Applied to Coaching

Module 11
Business Applications in
Coaching

Module 12
Assessment and Final
Evaluation



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Training Director



Cindy Muthukarapan,
MCC, International
Coach Federation (ICF)

Chief Trainer



Ram S. Ramanathan,
MCC, Mentor Coach,
CoacharyaSM

Facilitators @ Bangalore



Leni S. Mathews, Mentor Coach

Leni blends 30 years of experience in corporate leadership, as a business unit head, HRD consultant, leadership facilitator, soft skill trainer and hospitality management consultant. Her engagement with social initiatives of change, community work, and a spiritual journey, lends itself to this transformational program. Here the Coacharya brand combines Western psychological approaches with Eastern spiritual wisdom in a holistic training of coaches. The co-owned vision is to train over 1000-credential coaches in the next 3 years in India. Coacharya has the unique distinction of training over 100 professionals in India to ICF credentials, 60 of whom have already obtained PCC credentials.

Leni over the last 18 years has mentored and coached senior executives from Fortune 500 companies & others like IBM, Hewlett Packard, Airbus, Alcatel Lucent, Siemens, ICICI Bank, Siemens, Continental Automotives, WS Atkins, Sony India Software, Moog Controls, Prestige Group, Nitesh Estates, Textron, Endeavour Software, RSP Architects etc. in addition to other leading Indian and multinational corporations, independent consultants, trainers, and coaches.